



Providence
Medical GroupSM

Providence Proctology

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Effective hemorrhoid treatment

Dr. Green specializes in convenient office-based, outpatient treatment and therapy, with a focus on procedures that are effective and comfortable, with as rapid a recovery as possible — often without missing work or time with family.



In addition to traditional treatment methods, Dr. Green offers the latest minimally invasive procedures, including:

- **A Rubber Band Ligation**

One or two very small rubber bands are placed around the base of an internal hemorrhoid to cut off its circulation. The hemorrhoid then shrinks and dies, and, in about a week, falls off. After the procedure is completed, many patients are able to return to regular activities almost immediately; others may need a day or two of bed rest.

- **Infrared Coagulation (IRC)**

This technique uses heat from an infrared light to cut off the blood supply to small and medium sized internal hemorrhoids, causing them to harden and shrivel. Some patients may experience slight bleeding for up to a week after the procedure.

- **Sclerotherapy**

A chemical solution is injected into the area directly around the hemorrhoid tissue to shrink it and relieve symptoms; the injection causes little or no pain. After sclerotherapy, some patients experience slight bleeding or pressure.

Dr. Green will thoroughly discuss with you each treatment option, and answer all of your questions. Together, you'll decide on the procedure that for you will be effective, cost-conscious and as comfortable as possible.